

3v3 Half Ice Hockey Rules

1. Teams consist of four or five players, three of which are on the ice at a time. Free substitution is allowed.
2. Games are played on a single ½ sheet of ice with one goalie.
3. Games consist of three, 7 min running periods or two, 12 minute halves.
4. A coin flip will be held at the start of each game. Winner of the flip will have puck possession at the start of the 1st and 3rd periods
5. The red center ice line is out of bounds. If the puck touches or crosses this line, it will be awarded opposite the team that touched it last.
6. The puck must be cleared **outside** the blue line with each change in possession. The referee will signal the offensive/defensive change and allow the attacking team five (5) seconds of free time in the neutral zone. The offensive team must re-enter the offensive zone within this 5-second period or loss of possession will occur. During this time all attacking players must tag up in the neutral zone(one skate outside blue line). Once touching up they may re-enter the attacking zone. No offside rule is in effect. The referee will stop play if a player fails to tag up and actively joins the play. Defensive players cannot force the play in the neutral zone during the 5-second free period. One warning will be giving for this infraction. The second occurrence will result in a penalty.
7. If the defensive team fails to legally clear the puck and resumes play on the attack, the play will immediately be blown dead and the puck awarded to the other team.
8. If an uncontrolled puck crosses the blue line into the neutral zone, control of the puck will be awarded to the first team to touch the puck. The referee will award the puck and start count on the 5-second free time.
9. A team which leaves the neutral zone and then re enters it to delay play will be warned by the referee and then on subsequent infractions will lose possession of the puck.
10. The puck may not be shot on net from the neutral zone (outside the blue line).
11. When the goalie freezes the puck resulting in a stoppage in play, possession will be awarded to the defensive team in the neutral zone.
12. Play will be stopped on a penalty. In the case of a penalty, the puck will be awarded in the neutral zone to the non-offending team. Every subsequent penalty charged to the same team, in that period, will result in the penalized player having to rotate out of the play. Their place will be taken by one of their bench players. A team will forfeit any game in which they commit eight penalties.
13. No body checking is allowed. Any body checking will result in a penalty.
14. Zero tolerance will be strictly enforced. Any player ejected for fighting, vulgarity, etc. will result in the entire team being disqualified from the game.