

**Midwest Regional Holiday Squirt "A" Invitational Tournament
Rules and Regulations
2005**

1-All games will be played at Polar & Aldrich Arena.

2-Team credentials must be presented to and reviewed by the Tournament Director 45 minutes prior to each team's initial tournament game (NO EXCEPTIONS). The team credentials include: USA Hockey Player Roster form, proof of insurance(Red Card), and a copy of each player's birth certificate.

**NSPAHA will not be liable for injuries.

3-18 players may be on a roster and suited per team for each game. Up to 3 certified coaches are allowed in the players bench while the game is in progress.

4 – A certified Emergency medical Technician (EMT) will be in attendance at all games.

5-All games will be played under USA Hockey rules as modified by MN Hockey and the North St Paul Tournament Committee.

6-There will be NO team timeouts in the game.

7-The first 2 periods will be 15 minute running time periods. The 3rd period will be 12 minute stop time. There will be a 5 minute warm up before the first period and 1 minute break between periods. In the 3rd period if 1 team is ahead by 5 or more goals running time will be used until the margin is lower than 5 goals. If the EMT is called onto the ice by the officials for an injury during running time the clock will be stopped until the next face off.

8-All MN Hockey/USA Hockey required safety equipment must be worn.

9-Only USA Hockey registered referees will be used for this tournament. All decisions of the referees are final. There will be NO PROTESTS ALLOWED.

10 In the event of a TIE GAME at the end of regulation play there will be a 1 minute rest then a 4 on 4, 5 minute stop time overtime. If the score is still tied there will be a 1 minute rest followed by 3 on 3 stop time overtime. If the score is still tied then best of 5 shootout. The Guest team will shoot first. Each team will select 5 players for the shootout, with each team alternating shots on the goalie. If still tied, each team will continue through their roster, alternating shots, until a winner is determined. If the entire roster gets used, the teams will start with their first shooter.

11-Penalties:

Minor: 2 minutes

Major: 5 minutes and game misconduct

Misconduct: 10 minutes

Fighting: 5 minutes and player is disqualified from remainder of the tournament

**Any player or receiving their third penalty in one game will immediately receive a GAME DISQUALIFICATION.

Any player involved in fighting either on or off the ice will be suspended for the remainder the tournament.

12-Any abusive language or conduct directed at game officials or tourney volunteers by any player, coach, manager and spectators will not be tolerated.